Welcome

Welcome to our Annual Review for the year ending June 2018.

It’s been another exciting but challenging year for Kidasha in Nepal, during which our work reached 5,124 children in the most difficult of circumstances.

During the year, we continued to rationalise some of our wider activities and increase our focus on the complex needs of the poorest urban populations, whilst ensuring we continue to optimise the use of our limited resources to maximise the impact of our work.

A couple of notable achievements were 1) expansion of our school-based Life Skills Education programme such that it is now being implemented in partnership with 16 government schools serving the poorest communities in our target areas and 2) refining our core protection service operating models (e.g. drop-in centres, emergency shelters and rehabilitation homes) to align with new and emerging government policies.

Going forward there is a clear need to maintain our focus on increasing collaboration and integration with new local government departments, because child protection remains one of the most under-funded sectors in Nepal. It is also the one most adversely affected by the ongoing process of devolution and transition to federalism and by changes in international funding priorities.

Another key area of focus going forward is expanding our network of donors and supporters. This is not an easy challenge in an environment of negative media headlines about the development sector; the uncertainties of Brexit; and the ever growing number of causes seeking support but essential if we are to be able to sustain our support for some of the most vulnerable yet sadly most invisible children in the world.

Finally, I would like to thank all our donors, supporters and implementing partners, without whose support the positive impact of our work would not be possible. Thanks also to our staff for their continued commitment, motivation and tireless efforts.

Warmest regards

Janice Miller
Chief Executive

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What We Do

MISSION: KIDASHA WORKS TO REDUCE THE CAUSES AND IMPACT OF ENTRENCHED POVERTY AND SOCIAL EXCLUSION, STOPPING EXPLOITATION AND VIOLENCE AGAINST CHILDREN IN NEPAL.

Breaking the Cycle of Urban Poverty

What Makes Us Different?

We don't want to conquer the world!

We want to make a big difference in one country rather than a small difference in lots of countries; hence we only work in Nepal.
We adapted our new Life Skills Education course for delivery in sixteen local government schools with large slum populations in their catchment areas. The course aims to improve the life skills, sexual & reproductive health and emotional wellbeing of vulnerable adolescents and was delivered to 1,118 young people in the year, resulting in them being able to manage peer influence, cope with difficulties, maintain positive relationships and have a respected voice within their families.

Through our network of drop-in centres and shelters, we facilitated a range of activities with 943 street and working children and young people, to increase awareness of the risks and issues they face including substance abuse, trafficking, sexual exploitation, and sexual & reproductive health.

"Students who have attended the Life Skills course are more confident to speak frankly and share their problems with teachers and also with their parents. They've developed increased confidence to resist negative influence from others. In the past many students used to bunk classes but now our students are more aware of the importance of education and we've seen improved attendance."

Teacher

"I used to hang around with a lot of bad friends. We used to smoke a lot and get involved in gang fights. Now I have only few friends and I quit smoking as well. I am happy now to have good friends in my life."

Grade 8 Boy, 15 years old

"We maintain a balanced diet & fitness routine! We work hard to remain slim, flexible, and agile so that we are cost effective and can readily adapt to changing needs."
Manju is 16 years old and lives in a slum area. Last year, Manju started hanging out with a gang from her community and stopped regularly attending school. She would leave home in the morning with clothes in her bag and then change and instead of going to school would go drinking in local bars with her boyfriend (who was 22 years old) and his friends. The boys would pay for everything and Manju would often spend nights away from home so drunk that she couldn’t remember what had happened. Manju never realised she was being exploited. “It was only when I started this life skills course that I realised the risks that I had been taking but had thought to be normal behaviour. An important moment for me was realising the difference between a good friend and a bad friend, and between love and attraction. I learnt about the risks of infection and pregnancy, and how it can impact on my future.” In the last few months, Manju has separated from her boyfriend and is now attending school regularly. She is one of the most active students in the course, and hopes that other students in her class can learn from her experience.

“The outreach campaign we conducted with the support of Kidasha helped us to reach the most vulnerable adolescents who were reluctant to visit the health centre. We were able to explain the services available and build trust with the local community. This resulted in increased use of the health centre by these adolescents.”

Health Worker, Urban Health Centre
Safe to Grow

Reducing exploitation
Reducing the abuse and exploitation of neglected and vulnerable children and helping them move out of crisis situations

Our core child protection services including two shelters, one midway home and six drop-in centres in Pokhara and Butwal supported 938 working or at-risk children, 148 street-involved children and 137 girl victims of sexual abuse and exploitation.

Working directly with employers we helped to improve working conditions and protect 590 children and adolescents from abuse and exploitation. By working intensively with over 80 garages we systematically improved conditions for 184 children and reduced the number of workers under 14 years.

“After the social worker visited my workplace, my employer became much more positive and encouraged me to attend classes in the drop-in centre. He has promised to support me to go to school next year if I study hard.”

13 year old boy, domestic worker

In 2018, in response to our advocacy Gandaki Regional Automobile Workshop Association amended its bylaws to include a commitment that none of its members should employ children below 14 years.

Local child clubs, including newly established clubs for girl domestic workers, provided opportunities for more than 350 girls and boys to regularly meet and share mutual issues and concerns.

“I found this group really interesting and motivating. We can share about the problems and challenges we face and get advice and support from each other.”

15 year old girl domestic worker

What Makes Us Different?

We are not afraid to fail!

We thrive on a challenge and are not afraid to fail sometimes, which means we focus on tackling the most difficult entrenched problems.
Safe to Grow
Supporting Recovery from Abuse and Exploitation

Supporting the recovery of young victims of violence, abuse and exploitation and facilitating their reintegration into society.

“\textit{This shelter is a somewhere you can make a new start. My life changed because of this support – if I hadn’t come to this shelter I would be on the street or have been sold.}”

\textbf{18 year old girl}

Our two residential rehabilitation shelters for boys and girls provided safe places and specialised care for 100 victims to recover from violence, abuse or exploitation.

Our innovative midway home continues to support adolescents unable to immediately return to their families. Whilst there, they are encouraged to attend school, training or start work and in parallel develop the knowledge, skills and behaviours needed to live independently or back in their community.

“I really liked the midway home and the way it worked. The rules had the right balance and we were encouraged to go out to school, training or work. It’s from there I learnt to quit bad habits myself, not because I was forced to. I feel a much stronger person now.”

\textbf{17 year old graduate of midway home}

We helped 113 children to return to their families or to live independently and referred a further 30, unable to return home, to longer-term residential services.

\textbf{What Makes Us Different?}

We offer superb tailoring!

We excel in creating tailored innovative interventions that meet the needs of the most vulnerable, those that are invariably excluded from a ‘one size fits all’ approach.
Safe to Grow
Strengthening Families

Strengthening some of the very poorest families by providing tools and guidance to help them make the most of their circumstances.

We provided 322 families living in chronic urban poverty with regular support to improve their socio-economic situations and better care for their children. This included helping them to obtain a legal identity and to access government social support, as well as counselling to reduce violence and neglect within their families. This work enables previously vulnerable children to return to their families as well as preventing other children from facing violence, abuse or exploitation or being separated from their families.

279 parents from the most vulnerable families were actively engaged in community-based Parents’ Support Groups that we established to enable parents to develop the knowledge and confidence to access mainstream support and better care for their children.

“In the past I was scared to go to my children’s school to check their attendance and ask the teacher about how they were progressing. Since I’ve been involved in this group my confidence has increased a lot and I’ve even taken on the role of group coordinator. I now regularly visit the school and am pleased I can monitor my children’s progress.”

Mother of four children

Over the year, 719 women participated in savings groups and we supported 246 parents and children to secure their citizenship or a birth certificate, enabling them to access government social support schemes.

What Makes Us Different?
We are not impressed by big numbers!

Our aim is to create lasting change for the most vulnerable children, not to deliver short term ‘material’ benefits to as many children as possible.
Learn to Grow
Promoting Personal Development
Providing out-of-school children and adolescents with formal and informal education to improve their development and future opportunities

“I had forgotten even basic arithmetic that I learnt in school... now I am confident in arithmetic and I won’t forget because I use it in my work and I practice myself in the evening. Before I was afraid to approach and talk with new people, but now I am confident to do this. I am better at communicating with clients at work.”

14 year old boy working in a garage

240 children and young people for whom attending mainstream education was not a realistic proposition benefitted from alternative learning opportunities which we facilitated in both drop-in centres and workplaces.

166 young people benefitted from participating in Functional Learning courses which we facilitated in their workplaces. These courses delivered extremely positive results, with an average improvement of 53% in participants’ reading, writing and numeracy skills and a notable increase in their confidence and motivation to learn.

We supported 882 of the poorest children to go to school by providing books, uniforms, and fees and working intensively with their parents to encourage them to actively support their children’s education, particularly ensuring regular attendance. We also managed to secure waivers or reductions in schools fees for 80% of the children we supported.

What Makes Us Different?
We don’t aim to simply ease symptoms!
We put an equal focus on building local capacity to address underlying root causes thereby enabling lasting change and ensuring more positive futures.
The Children’s Development Khajana (bank) continues to promote and support positive livelihoods for young people with 1,061 active account holders during this year. This service is also provided in two government schools in slum areas enabling children to develop financial literacy and better manage money.

Learn to Grow
Supporting Positive Livelihoods
Facilitating training and employment opportunities for adolescents to transition into positive livelihoods

We enabled 81 street, working or at risk adolescents to access on-the-job, vocational or business training and support to find jobs or establish a business. We also arranged for young people working in garages to receive technical training as part of a process to achieve formal certification.

When Muna was nine years old her parents took her out of school and sent her to work in Kathmandu as a domestic worker. After the 2015 Earthquake Muna moved with her employer to Pokhara and was identified by our project outreach workers. It took time to persuade her employer to allow her out of the house, but eventually Muna was able to attend Non-Formal Education classes in one of our drop-in centres. When she was 17, Muna completed nine months tailoring training and work experience. She has now returned home to her village where we helped her start her own business and she is now making a good income. “My life has changed now and I’m much happier - thanks to the earthquake I came to Pokhara and was found by this project.”

What Makes Us Different?
We want to be redundant!
We don’t want to be around for a long time - we want to build lasting local capacity and self-reliance as quickly as possible, so we can move on to the next challenge!
Financial Overview

Income Total  £ 415,656
Expenditure Total  £ 358,193

Charitable Activities
Fundraising

80%
20%

Beneficiaries

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<th>District</th>
<th>Children at Risk</th>
<th>Parents, Caregivers &amp; Service-Providers</th>
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Kidasha supporters raising awareness in Nepal.
Kidasha is a UK-registered charitable organisation which has been implementing projects in partnership with local non-governmental organisations in Nepal since 1997. Our current programmes are governed by a five-year Project Agreement with the Government of Nepal’s Social Welfare Council signed in February 2016.

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